

SHORT TAKES

The form consists of a central column of three large, vertically-oriented, rounded rectangular boxes with a light yellow background, intended for writing. On either side of this central column are two vertical columns of small, empty square boxes, also with a light yellow background, likely for marking or grading.

“YOU KNOW YOU ARE GETTING MARVELOUSLY MATURE WHEN...”

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Short takes are information crammed into a small space/time frame. For example, in film, the “movie” may be only three minutes long and still pack a powerful punch. The subject can be anything.

In publications such as newsletters, ebooks and magazines, up to one page is a short take. As you will see in these pages, a topic is presented in short take format. This gives you enough information to kick start the thinking part of your brain.

It is up to you to take it from there, if you so desire.

That in a nutshell is a short take.

Enjoy ours...

Disclaimer: Nothing in the book is meant to be medical, financial or legal advice. It is for information purposes only and it is your decision whether to act, or not act, on any of it. Always, repeat always, contact a competent professional in the field in which you are interested/involved/active.

You may have seen this before but it is still a hilarious piece. Enjoy!

You know you are getting marvelously mature when...

- 1. You and your teeth don't sleep together.**
- 2. You try to straighten out the wrinkles in your socks and discover you aren't wearing any.**
- 3. At the breakfast table you hear snap, crackle and pop and you're not eating cereal.**
- 4. Your back goes out but you stay home.**
- 5. When you wake up looking like your driver's license picture**
- 6. It takes two tries to get up from the couch.**
- 7. When your idea of a night out is sitting on the patio.**
- 8. When happy hour is a nap.**
- 9. When you're on vacation and your energy runs out before your money does.**
- 10. When you say something to your kids that your mother said to you and you always hated it.**
- 11. When all you want for your birthday is to not be reminded of your age.**
- 12. When you step off a curb and look down one more time to make sure the street is still there.**
- 13. Your idea of weight lifting is standing up.**
- 14. It takes longer to rest than it did to get tired.**
- 15. Your memory is shorter and your complaining lasts longer.**
- 16. Your address book has mostly names that start with Dr.**
- 17. You sit in a rocking chair and can't get it going.**
- 18. The pharmacist has become your new best friend.**
- 19. Getting "lucky" means you found your car in the parking lot.**
- 20. The twinkle in your eye is merely a reflection from the sun on your bifocals.**
- 21. It takes twice as long to look half as good.**
- 22. Everything hurts, and what doesn't hurt – doesn't work.**
- 23. You look for your glasses for half an hour and they were on your head the whole time.**
- 24. You sink your teeth into a steak and they stay there.**
- 25. You give up all your bad habits and still don't feel good.**
- 26. You have more patience, but it is actually that you just don't care anymore.**
- 27. You finally get your head together and your body starts falling apart.**
- 28. You wonder how you could be over the hill when you don't even remember being on top of it.**
- 29. You enjoy hearing about other people's operations.**
- 30. You no longer think of speed limits as a challenge.**