

SHORT TAKES

The form consists of a central column with three large, vertically-oriented yellow rectangular boxes with rounded corners, intended for writing notes. On either side of this central column are two vertical columns of small, empty square boxes, likely for marking or checking off items. The entire form is enclosed in a thin black border.

“13 SURE SIGNS YOU ARE GROWING OLD”

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Short takes are information crammed into a small space/time frame. For example, in film, the “movie” may be only three minutes long and still pack a powerful punch. The subject can be anything.

In publications such as newsletters, ebooks and magazines, up to one page is a short take. As you will see in these pages, a topic is presented in short take format. This gives you enough information to kick start the thinking part of your brain.

It is up to you to take it from there, if you so desire.

That in a nutshell is a short take.

Enjoy ours...

Disclaimer: Nothing in the book is meant to be medical, financial or legal advice. It is for information purposes only and it is your decision whether to act, or not act, on any of it. Always, repeat always, contact a competent professional in the field in which you are interested/involved/active.

I think all of us can identify with at least 10 of these signs. Enjoy!

13 SURE SIGNS YOU ARE GROWING OLD

1. **Maybe it is true life begins at fifty but everything else starts to wear out, fall out or spread out.**
2. **Middle age is when work is a lot less fun and fun a lot more work.**
3. **Statistics show that at the age of seventy, there are five women to every man. Isn't that the darndest time for a guy to get those odds?**
4. **Middle age is when it takes longer to rest than to get tired.**
5. **Of course I'm against sin. I'm against anything I'm too old to enjoy**
6. **Middle age is having a choice of two temptations and choosing the one that will get you home earlier.**
7. **At my age, "getting a little action" means I don't have to take a laxative.**
8. **Don't worry about avoiding temptation. As you grow older, it avoids you.**
9. **The ageing process could be slowed down if it had to work its way through Congress.**
10. **You're getting old when getting lucky means you find your car in the parking lot.**
11. **You're getting old when you're sitting in a rocker and you can't get it started.**
12. **You're getting old when your wife gives up sex for Lent and you don't know until the 4th of July.**
13. **You're getting old when you wake up with that morning after feeling and you didn't do anything the night before.**